



Camp Sol of the Deaf, Inc

“Discover Your Hand” Virtual Summer Camp 2021 and Workshop Descriptions July 26 – 29, 2016

Workshops:

Date: July 26, 2021, 11:00am-11:50am (ages 12-14)
July 29, 2021, 11:00am-11:50am (ages 12-14)

Title of the workshop: SUBSTANCE USE PREVENTION PROGRAM FOR THE DEAF (SUPPD)
Maria Hernandez – email address not required

Description: SUBSTANCE USE PREVENTION PROGRAM FOR THE DEAF (SUPPD) offers unique prevention programming that addresses the specific needs of youth who are Deaf and Hard of Hearing (HOH).

Research has shown that Deaf and HOH individuals are at a greater risk of alcohol and drug abuse than the general population. One of the reasons is substance abuse prevention information is generally not designed with the Deaf youth’s unique learning needs in mind. SUPPD has staff fluent in ASL and can present substance use prevention education in a linguistically and culturally appropriate manner.

SUPPD uses “Too Good for Drugs” (TGFD), an evidence-based curriculum, designed to reduce risk and build protective factors to promote healthy lifestyles and prevent abuse of alcohol, tobacco, and other drugs (ATOD).

One of the core principles of TGFD is the introduction of 9 effective peer pressure refusal strategies, emphasizing positive and negative choices and their consequences.

The nine refusal strategies are:

- A Better Idea
- Broken Record
- Ignore
- Make An Excuse
- Reverse The Pressure
- Say No
- State The Facts
- Steer Clear
- Walk Away

SUPPD’s goal is for Deaf youth to learn effective communication strategies they can use to make healthier choices in life.

Target Audience: Registered campers

Language of Session: English

